

# Balanced Body

CHIROPRACTIC MN, P.A.

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## Informed Consent for Chiropractic Treatment

Chiropractic treatment is a conservative and very safe treatment procedure with little risk. However, we are required to notify you that a very remote possibility for injury does exist. The doctor will use her hands or instrument in order to move the joints of your body. You may feel a "click" or "pop" sensation, similar to the noise you hear when a knuckle is "cracked", and you may feel movement of the joint. This noise is a result of the fluids and gases' escaping the joint as the segment is being adjusted.

Although rare, there are certain complications that can occur as a result of chiropractic manipulation. These may include, but are not limited to: fractures, muscle strain or irritation of discs. A serious but very rare complication that could arise is a vertebral artery injury (in the form of a stroke). The likelihood of a stroke occurring is 1 per 3,000,000. The most common complaint following chiropractic treatment is an ache or stiffness at the site of the adjustment. This would feel similar to an ache after vigorous exercise. The doctor will complete a full clinical history and examination which is designed to identify possible risks, thus allowing the doctor to take all the necessary precautions. The doctor will not give any treatment or health care if she is aware that such care may be contra-indicated.

It is the responsibility of the patient to make it known or to learn through health care procedures, any illness, pathological defects or deformities which would otherwise not come to the attention of the doctor.

Any questions or concerns may be discussed with the doctor.

Printed Name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_